



[CLICKABLE Calculators](#)

 **SOFA - Sequential Organ Failure Assessment score**

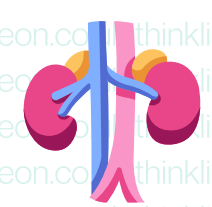
 **AIR - Appendicitis Inflammatory response score**

 **CDAI - Crohn's disease Activity Index**

[Fluid Guidelines](#)



[AKI Guidelines](#)



RIF pain +/-

1. Nausea/Vomiting + Anorexia – Think **Appendicitis**
2. Female of childbearing age – Think **Gynecological emergencies**
3. Tender groin swelling – Think **Hernia (Obstructed/strangulated)**
4. L.U.T.S – Think **Urological emergencies**
5. Prolonged history/malnutrition – Think **Inflammatory bowel disease**

Examination:
General + Abdominal
(+ hernial orifices)

Observations/NEWS
(q-SOFA sepsis criteria)

Investigations:

1. **Bloods:** FBC, U&E, LFT, Coagulation screen, G&S
2. **Urine Dip + Beta HCG**
3. **Radiology:** AXR

Relevant Findings:

- Percussion Tenderness = Peritonism
- Tender, Non reducible hernia +/- Skin changes
- Palpable mass

Q-SOFA Sepsis Criteria

- SBP < 100 mmHg
- GCS < 15
- RR > 22/minute

If 2/3 of the above present = SEPSIS

**1. Peritonism +/- Sepsis (2/3 present) OR
2. Irreducible hernia +/- Obstruction**

YES - Urgent senior advice

1. NBM + Strict Input/output charting
2. IV Fluids (see NICE guidelines)
3. Regular Paracetamol + Opiate and PRN Morphine + Antiemetic
4. IV Antibiotics if septic/ deranged inflammatory markers*
5. Stop Anticoagulants if bleeding/Abnormal Coag
6. Follow AKI bundle if AKI**

While awaiting senior review – DO THIS..

* Refer to trust guidelines for choice of antibiotics
** Refer to trust AKI guidelines

NO - Review on ward round

1. Orally Sips only
2. AKI - IV fluids + medication review **
3. Regular Paracetamol + Opiate and PRN Morphine + Antiemetic
4. VTE Prophylaxis
5. Pelvic USS (Female of childbearing age)