

**Central abdominal pain +/-**

- N/V + Distension – Think **Small Bowel Obstruction (SBO)**
- H/O IHD/AF + Disproportionate pain – Think **Mesenteric Ischaemia**
- Previous surgery, Palpable mass – Think **Obstructed/ Strangulated hernia**
- N/V + Diarrhoea - Think **Gastroenteritis**

**Examination:**  
General + Abdominal  
(+ Hernial Orifices)

**Observations/NEWS**  
(q-SOFA sepsis criteria)

**Investigations:**  
1. **Bloods:** FBC, U&E, LFT, Lactate, Amylase, Coagulation screen & G&S  
2. **Radiology:** AXR

**Relevant Findings:**

- Dehydration
- Percussion Tenderness = Peritonism
- Palpable mass +/- skin changes

**Q-SOFA Sepsis Criteria**

- SBP < 100 mmHg
- GCS < 15
- RR > 22/minute

**If 2/3 of the above present = SEPSIS**

**1. Peritonism + Sepsis (2/3 present)**  
**2. AF + Peritonism +/- Haemodynamic compromise**

**YES - Urgent senior advice**

1. NBM + Strict Input/output charting
2. NG on continuous drainage (if obstructed/vomiting)
3. IV Fluids (see NICE guidelines)
4. Regular Paracetamol + Opiate and PRN Morphine + Antiemetic
5. IV Antibiotics if septic/ deranged inflammatory markers\*
6. Stop Anticoagulants if bleeding/Abnormal Coag
7. Follow AKI bundle if AKI\*\*

**While awaiting senior review – DO THIS..**

\* Refer to trust guidelines for choice of antibiotics  
\*\* Refer to trust AKI guidelines

**NO - Review on ward round**

1. NG on continuous drainage (if obstructed) + IV Fluids
2. Orally Sips for comfort + input/output charting
3. AKI - IV fluids + medication review\*\*
4. Regular Paracetamol + Opiate and PRN Morphine + Antiemetic
5. VTE Prophylaxis

**CLICKABLE Calculators**



**SOFA - Sequential Organ Failure Assessment score**

**Fluid Guidelines**



**AKI Guidelines**

